**Questionnaire for mhGAP Primary care in Kashmir devised by Royal college of Psychiatry and WHO Geneva**

**We would be most grateful if you could fill in this short questionnaire which is to help us develop programme of mental health in Primary care**

* **How many years have you been a doctor/ nurse/other ..**
* **Your location……………………………………………………**

**1.What is the approximate number of patients you see every week:** 0-100 …… ,100-200…..,200- 300……..,>300……………

**2. Approximately what percentage of your patients present with a mental health problem (MNS condition)? %**

* Anxiety and stress……………%
* Depression……………………….. %
* Stress………………………………..%
* Sleep…………………………………%
* Psychosis………………………….. %
* Substance use…………………… %
* Behaviouralproblems including attention, anger……………%
* Can you say the exact number of above patients you saw in last month
* Anxiety and stress……………
* Depression…………………..
* Stress…………………….
* Sleep………………………
* Psychosis……………………….
* Substance use…………………..
* Behavioural problems including attention, anger…………..
* How many mental health patients did you refer to secondary care services in last month……………………

**3. Of the mental health problems you see in your clinic eg DEP, PSY, EPI, OTH, SUBS, STR**

**Can you rank which conditions you see most frequently?**

* No 1……..
* No 2……..
* No 3 …….
* No 4 ……..
* No 5………..

4. **Do you have a copy of mhGAP ?**

**YES……………**

**NO……………**

**5. Do you use mhGAP?**

* YES……..
* Sometimes …….
* NO……

If no do you use a mental health screening tool and which……………………

**6.  Do you find mhGAP helpful in your clinic**

* Not at all ………..
* Some use ………..
* Very helpful………

**7. What types of psychiatric medications do you prescribe?**

* Anti-psychotics- name commonly used and usual dose

……………………………………………..

* Anti-depressants- name commonly used and usual dose?

……………………………..

* Benzodiazepines –type and dose ?...................................
* Other medications in mental health?………………………………

**8. Please give a percentage of your main treatments in mental health?**

* Medication only………………………………
* Medication and psychosocial intervention
* Psychosocial intervention alone
* referral to psychiatrist or neurologist

**9. Of the patients you see with MNS conditions**

**What is the effect on their lives in percentage ?eg out of role days –when can’t do usual activities family,work,school,lifedue to mental ill health**

* Minimal - patients can still function at home and work

………………….

* Moderate - < 7 days per month out of role

…………………….

**10. How much of your work is taken up by mental health MNS conditions including somatization,unexplained physical symptoms on your workload ?**

* 10-20%...........
* 20-40%...........
* 40-60%............
* 60-80%............
* 80-100%..........

**11. Do you enjoy working with mental health patients?**

* Yes…….
* No……..

12. **Did** **you receive any supervision ?**

* Yes………..
* No…………

**Any other comments please**

………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………

**Please share some interesting experience you had with your patients with regards to use of mhGAP Intervention Guide**

………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………..

……………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………

Thank you for your time and helping mental health in kashmir

**Sayed Aqeel Hussain**

**International Coordinator for mhGAP Training in Kashmir**